

Sterling House



Social, Educational, and
Recreational Programs
For All Ages Since 1932

COMMUNITY CENTER
www.sterlinghousecc.org

2283 Main Street
Stratford, Connecticut 06615
(203) 378-2606 • FAX (203) 377-3713

... *Nurturing body, mind and spirit in the heart of Stratford*

Children & Youth Programs for Winter/Spring 2010

Child Development Center Programs

TODDLER PLAY GROUP- For ages 2 & 3 and their parents. Wed. 9:30-11 am., Begins Jan. 6. Fee: \$200* plus membership fees for parent and child.

NURSERY/PRE-SCHOOL - A social - educational program for ages 3-5. Morning, Afternoon and Full Day sessions available. Open Registration begins Feb. 1 for Sept.2010.

Positive Youth Development Services

BEGINNER YOUTH ART CLASS - Exciting art class for ages 6-10; 5 wks. Sat., 9-10:30 am. Session 1 begins Jan.16; Session 2 begins Feb. 27. Fee: \$50* Materials list available at registration.

ADVANCED YOUTH ART CLASS - For those who have taken beginner class or who have an extensive knowledge of art; ages 6-10; 5 wks. Sat., 11:45 am -12:15 pm. Session 1 begins Jan. 16; Session 2 begins Feb 27. Fee: \$50* Materials list at registration.

TEEN ART CLASS - Work on still life, portraits etc., ages 13-19, 5 wks. Sat. 12:45-2:15pm. Offered through the Neighborhood Studios of the Music and Arts Center for Humanity, begins Jan. 16, class on continuous basis; materials supplied. Fee: FREE* membership required.

CARTOONING CLASS for YOUTH - Learn the art of cartooning; for grades 1-6; 6 wks, Sat., 10:30-11:30 am, begins Jan 16; Fee \$50*; No.2 pencils required.

CARTOONING CLASS for TEENS- Learn the art of cartooning for ages 13-19; 6wks. Sat. 11:45 am -1 pm; offered through Neighborhood Studios of the Music and Arts Center for Humanity; begins Jan 16 class on continuous basis; materials supplied. Fee: FREE* membership required.

WEEKDAY BEGINNER YOUTH ART EXPERIENCE Learn how to express yourself with art. For youth ages 6-12; 6 wks; Mon. 4-5 pm; begins Jan. 16; Fee: \$50*; Material list provided at registration.

RED CROSS BABYSITTING - American Red Cross class for ages 11-15. Session 1: Jan. 26 & 28, Session 2: Mar. 23 & 25. Session 3: Apr. 1. Session 4: May. 4 & 6, 3:30-6:30 pm Fee: \$70*

CROCHET CLASS - Ages 10-adult, Tues. 6-8:30 pm; 6 wks, Begins Jan. 26; Instructor: Judy Cleveland. Material List at registration. Fee: \$50*.

MUSIC LESSONS -Private lessons in flute and piano. Group lessons in guitar. Call for details.

SHAKESPEARIENCE PRODUCTIONS - Saturdays, Jan 9-Feb. 27; Youth acting classes; Ages 7-11 act in The Three Musketeers; 10:30-12 noon; Ages 12-17 act in The Four Great Romances, 12:20-2 pm; Classes provided by Shakesperience Productions, Inc. Call 203-394-2751 or visit shakesperience.org for info and to enroll. Fee: \$250 (\$200 each, enroll with a friend).

TUMBLETRAIN MOBILE GYMNASTICS - Exciting program for young children. See first hand all the fun your child will have. 6 wks; No classes on school vacation weeks. Session 1 begins Jan. 14, Session 2 begins Mar. 11.Thurs. 9-9:30 am for ages 2-3; ; Fee: \$65*; 9:45-10:30 am for ages 3- PreK Fee: \$60*, Instructor: Fran DelVecchio.

WOODCARVING for YOUTH - Learn this Stratford tradition; Grades 6-9; 6 wks, Wed., 4-6 pm. Begins Jan. 20. Instructor: Zsolt Magai. Fee: \$60* Materials purchased from instructor. No class Feb. vacation.

WOODCARVING for ADULTS and HIGH SCHOOL STUDENTS - Learn a traditional Stratford craft. 10 wks: Thurs. 7-9 pm. Begins Jan 14; Fee: \$100*. Purchase materials from instructor. 2nd session follows. Instructor: Zsolt Magai.

DARE TO BE DIFFERENT- Appreciating differences and understanding self; For teens/young adults. Wed. May 12, 3:30-5 pm Fee: \$20 Presenter: Michelle Porchia.

LEARN TO BECOME A SCHOOL LEADER - Learn how to become an effective youth leader in your school and community; For teens/young adults. Wed. Apr. 7, 3:30-5 pm. Fee: \$20; Presenter: Michelle Porchia.

FINANCIAL LIFE SKILLS for STUDENTS & YOUTH - FREE PRESENTATION about banking and financial skills; one evening Wed. Mar. 3, 6:30 pm. Advanced reservations required; Presenter: Bank of America Staff.

HOW TO DRESS for SUCCESS - Learn appropriate dress for the business world, workshop for teen & young adult males and females; Wed. Apr. 21, 3:30-5 pm. FEE: \$20. Presenter: Michelle Porchia, Inner Dimensions Academy.

WINTER BREAK FUN & GAMES - For ages 5-12. Feb. 15-19. Call for details 203-378-2606 x113 or online: www.sterlinghousecc.org. Registration begins Jan. 11. LIMITED SPACE, PRE-REGISTRATION AND PAYMENT IS REQUIRED.

SPRING BREAK ADVENTURES - April 12-16. Registration begins Jan. 11. Call 203-378-2606 x113 or online www.sterlinghousecc.org. LIMITED SPACE, PRE-REGISTRATION AND PAYMENT IS REQUIRED.

RENT-A-KID PROGRAM - For middle school and high school students who want an opportunity to earn money and assist Stratford residents with doing odd jobs (yard work, snow shoveling, babysitting, etc.). Call Sandi Kozloski, 203-378-2606 x350.

SMART-BUDDIES PEER TUTORING PROGRAM High school students needed to tutor 1st-3rd graders at: Sterling House, Mon. 3-5:30 pm; Franklin Elementary School, Tues. 3-4 pm; Nichols Elementary School, Wed. 2:30-3:30 pm; and Second Hill Lane Elementary School, Thurs. 3-4 pm. Contact Pam Robertson, 203-378-2606 x359 or email: YIC@sterlinghousecc.org.

YOUTH IN THE COMMUNITY PROGRAM - For ages 13-18 who want to volunteer in the community; Staff available at Stratford & Bunnell High Schools, Wooster & Flood Middle Schools and Sterling House. Bob Wargo, 203-378-2606 x113, YIC@sterlinghousecc.org.

S.T.R.O.B.E. (Stratford Teens Reaching Out Beyond Education) - A teen youth group meets Thurs., 7-8 pm to plan community service activities and socialize. New members always welcome! Contact Pam Robertson, S.T.R.O.B.E. Advisor 203-378-2606 x359 or YIC@sterlinghousecc.org.

CHARACTER AND LEADERSHIP DAY - for students going into 10th, 11th, and 12th grades in Fall 2010. All day event where students are actively engaged in leadership workshops such as: Time and Meeting Management, Communication, Decision Making, Goal Setting, Diverse Culture and Climate. Dates & Times to be set during week of April 12, (Stratford School Vacation). Contact Bob Wargo, 203-378-2606 x113; rwargo@sterlinghousecc.org or www.sterlinghousecc.org.

SPECIAL TEEN/YOUNG ADULT NIGHT - First Friday of each month, 6:30-8: pm. Begins Jan. 8 - June. Ray O'Donnell, 203-378-2606 x110. Fee: \$100*.

Athletic Programs

WINTER INSTRUCTIONAL BASKETBALL - For grades K-3. 6 wk session begins Jan. 5 & 9. Registration underway. Fee: \$65*.

SPRING SOCCER LEAGUE - For grades K-10. Registration begins Jan. 4; Play to begin Apr. Fee: \$75*

SUMMER INSTRUCTIONAL SOCCER - For grades K-3. Registration begins May 3; Play begins late June.

BASIC INSTRUCTIONAL SOCCER - For ages 4-5; 6 wks; Play in Apr & May. Registration begins Mar 1; Fee: \$65* with each player receiving a #3 soccer ball & tee shirt.

FALL SOCCER LEAGUE - For grades K-9. Play begins Sept. Registration begins Jun 1.Fee: \$85*.

LACROSSE TEAMS- For grades 3-8 to compete in CONNY League. Separate teams for boys and girls; games in Apr-Jun. Registration underway. Fee: \$150*.

VICTORY SOCCER CAMP - For ages 6-14, held in July at Flood Middle School. Register at Sterling House.

MLS SOCCER SCHOOL - For boys and girls; held in Aug - dates to be determined. Registration begins Feb. at Sterling House or online: www.mlscamps.com .

QUICKSTART TENNIS - Exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Divided into two levels - ages 8 and under and ages 10 and under." - USTA.com. For details: www.sterlinghousecc.org 203-378-2606, x106.

GOLF LESSONS - For youth ages 7 and older & adults. 5 week program; Sun. 5-6 pm for youth and 6:15-7:15 pm for adults at Golf Center of Connecticut, Premier Sports Center 784 River Rd (Route 110N), Shelton (Rain or shine in heated/weather protected facility); lessons taught by Teacher/PGA professionals. Includes free use of golf clubs. 203-378-2606 for details. Fee: \$90 Youth*, \$95 Adults*.

SOCCER FUN & FITNESS - For boys & girls ages 3-4. This new indoor program will combine music & games to introduce fun with a soccer ball to preschool children. www.sterlinghousecc.org for details.

STRATFORD PAL SOFTBALL - Girls Sterling House Softball www.sterlinghousecc.org or www.stratfordpalsoftball.com for registration information.

STRATFORD UNITED TRAVEL SOCCER - For boys & girls ages U-10 to U-19; Registration underway; Play in Mar - Jun. For details, www.stratfordunitedsoccer.com.

Summer Programs for Youth

STERLING PARK DAY CAMP - For grades pre-school - 8, a Day Camp experience with emphasis on group and individual activities: sports, arts & crafts, swimming, field trips, music & drama, and more. 2 wk sessions begin June 21, last session ends Aug. 13. Regular hours 9 am - 3:30 pm (age 4 at 9 am -12:30 pm) Mon.- Fri. Fee: \$300/2-wk session. Extended hours: 8 am - 5:30 pm for additional fee. Watch for new theme weeks. MAIL-IN/DROP OFF REGISTRATION BEGINS FEB. 1. REGISTRATION PACKETS AVAILABLE JAN. 19, 2010.

COUNSELOR-IN-TRAINING CHARACTER and LEADERSHIP DEVELOPMENT - For youth going into grades 9 & 10 emphasizing leadership skills, child development and safety, program skills development and an opportunity to put learning into practice at Sterling Park Summer Day Camp. All interested youth must go through an application and interview process. Parent & Youth Orientation scheduled for Mon., Jan. 11, 7 pm; snow date: next open business day. Contact Bob Wargo, 203-378-2606 x113 or rwargo@sterlinghousecc.org.

DATES TO REMEMBER

- Jan. 4 Registration for Spring Recreational Soccer
- Jan. 11 Registration for Vacation Week Programs
- Jan. 19 Sterling Park Registration Packets available.
- Feb. 1 All Sterling Park Day Camp Registration Packets must be in for Mail In/Drop-off Registration
- Mar 29 Diaz Sportsmanship Awards
- May 16 Jr. Olympics Skills Competition, Wooster Field jrolympicskills.com
- June 1 Registration for Fall Recreational Soccer
- June 12 Sterling House Gala at Marriott Hotel
- June 21 Sterling Park Day Camp Begins
- Sept. 19 Sterling Classic Golf Tournament

*A Sterling House Membership is required for all participants - \$12 per year for youth and adults, \$7 per year for seniors, \$30 for family. All class fees payable in advance and non-refundable after the first class. Class size limited. \$10 Administrative fee charged for any refund requests.

CANCELLED CLASSES

Sterling House reserves the right to cancel any course due to insufficient enrollment, in which case refunds will be made. Sterling House membership fee is non-refundable.

Member: The Stratford Youth Sports Association • Connecticut Camping Association • Connecticut Recreation and Parks Association